

Special 3 course Menu \$ 38.00 p.p.

(minimum 4 people)

...Your choice of any entree, main and dessert

(does not apply to daily specials)

Please mention this choice before ordering

Starters

Garlic Bread 3.00

Cheesy Pizza Bread 8.50

Entrees

Gyoza –crispy pork dumplings (5) 9.90

served with read wine vinegar

Garlic Prawns (chef's style) 10.90

Green prawns, cooked in garlic & herb chilli oil,
served in a sizzling iron bowl

Salt & Pepper Squid 10.90

Served with Wasabi mayonnaise dipping sauce

Tom Yum Soup— classic Thai Dish 10.90

(thai style hot & sour soup
with prawns, lemon grass, mushrooms,
tomato, coriander, lemon juice)

Warm Lamb Loin Salad 10.90

Served on a bed of rocket & pear salad



Flavour Buds

Friday Dinner Menu From 6:30 pm



Mains

Sizzling garlic steak 24.50

Grilled rib eye steak (prime grade)

on a sizzling hot plate with hand cut chunky chips and garlic sauce

BBQ Teriyaki salmon fillet 22.50

Served on a bed of Thai style noodle salad

Sizzling Chicken Hot Pot 22.50

Stir-fried chicken fillet, Served with ginger,
shallot, and black bean in a sizzling hot pot

Grilled barramundi fillet 19.90

Served with steamed vegetables & chats potatoes

Slowly roasted lamb shanks 24.50

Served with mashed potato and jus

Grilled pork loin chop 22.50

Served with mashed potato, glazed apple and jus

Vegetarian Ravioli 19.90

(please check with your waiter for today's selection)

Tossed with baby spinach, tomato concasse &
grated parmesan cheese

Sides

Small 5.50

large 8.50

Garden salad

Steamed vegetables

Chips

Wedges

Mashed potatoes

All prices include GST. Prices are subject to change without notice. Member's discounts do not apply.

Not all dishes may be available due to limited stock.

Please note: NO SPLIT BILLS, thank you.

We do not accept credit cards, only member's cards or cash.



Flavour Buds

Desserts

Chocolate Fondant 9.90

Served with vanilla ice cream

“Heisse Liebe” 9.90

Vanilla ice cream, served with hot mixed berries

Mango & Coconut Charlotte 9.90

Served with fruit coulis and fresh fruit

Crepe Brulee 9.90

served with fresh fruit

Lemon & Sugar Crepe 9.90

Served with vanilla ice cream

**Please ask your waiter/waitress
for tonight's specials**

Kids menu \$ 9.90

with kids dessert \$ 11.90

Chicken Nuggets & chips or Fish & chips,

Chicken Schnitzel & Chips,

Steak & chips or Burger & chips



Coffee & Tea

Cappuccino, Flat White, Espresso 3.30

Macchiato, Long Black 3.30

(extra shot, soy milk 0.50 extra)

Mocha, Cafe Latte, Hot Chocolate

(Mug) 4.00

Chai Latte 4.00

Iced Coffee, Iced Chocolate 5.50

(low fat options available)

Tea 3.30

English Breakfast, Earl Grey, Chamomile

Green tea (with Jasmine), Peppermint,

Chai

Flavour Buds c/o Wakehurst Golf Club / Upper Clontarf Street Seaforth NSW 2092

T (02) 9949 3188 ext # 6 / 0417 490 616

mail@flavourbuds.com.au / www.flavourbuds.com.au